

The False Cast

False casting is casting the line back and forward in the air without allowing the line to touch the water.

The first part, getting the line off the water and into the air, is the same as the basic back cast.

The difference comes on the forward cast.

The forward cast starts as before:

Pull down with your arm and **snap your wrist forward**: then **Stop** (with the rod held high - at the 10 o'clock position). The follow through of the arm is eliminated.

When the line goes forward and straightens, you **snap up the wrist** so that your thumb is pointing straight up in the air.

When fishing it is recommended you keep false casting to a minimum. Three should be a maximum. Remember you can't catch a fish with the fly whizzing back and forward in the air.

- False casting can be used to extend the amount of line in the air by shooting a little line on each cast.
- False casting can be used for ridding a dry fly of water so that it will float when dropped onto the water again.
- False casting can be used to change the direction of your cast.
- False casting can be used to determine how far your line travels in relation to a sighted fish or the "spot" you wish to cast too.