



THE HUTT VALLEY ANGLER

Newsletter of the Hutt Valley Angling Club Inc

Issue No 426: August 2017



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Editorial

We've had a few weeks of wild and unruly weather lately, and I for one have felt more inclined to indoor pursuits like fly-tying, or just curling up with a blanket and a good book! Kudos to all of you who have braved the water, it's nice to know it's still there waiting for me once the clouds clear. Enjoy, and have a great August.

Krystal Smith

President's Piece



At the July club night, we introduced a new idea called "From the Vice to the River". Tim Trengrove demonstrated the tying of a weighted woolly bugger and an unweighted rabbit, which was followed by a discussion on how to rig them and how to fish them. Tying and fishing a "seasonal" pattern seemed to be well received by members and will hopefully pave the

way for other future seasonal sessions focusing on patterns such as dry flies and emergers.

In mid-July, as a special (significant) birthday present, my wife Carol shouted me a half day's guided session on the Tongariro. We went out with a local guide who put us onto good fish despite the howling wind and bitterly cold conditions. We started with conventional Tongariro style nymphing, but with no luck after 20 minutes, we switched to drifting woolly buggers and were rewarded with 2 nice rainbows of 5lb and 4 lb. Interestingly, we used an intermediate line with a conventional "rainbow warrior" bomb with the woolly bugger tied off the bend of the hook. I for one would not have thought about tying it glow-bug style off the hook of a bomb, but it just goes to show how versatile the woolly bugger can be. With the whitebait season coming up soon, I'm keen to get out onto the Hutt River and try my luck with one of the light coloured rabbit style flies. At the August club night, our guest speaker will be Doug Stevens who is a writer and strong environmental campaigner who has also started an initiative to introduce youth to fly fishing and help steer them in the right direction. Doug comes highly recommended as an informative and skilful

speaker whose presentation should be of interest to all members.
Looking forward to seeing you at this month's meeting.
All the best,

Chris Kuchel

August Activities

Monday 14 th	Club Night, King Lion Hall, 7.30pm
Sunday 20 th	Casting Clinic, Belmont Domain, 10am
Wednesday 23 rd	Committee Meeting, Stokes Valley RSA, 7.15pm
Wednesday 30 th	Fly Tying Night, Stokes Valley RSA, 7.15pm

Club News

Next Club Meeting – King Lion Hall – Monday 14 August 7.30pm

At August's club meeting the Director of NZ Fishing, Doug Stevens will be joining us.

Doug will be presenting a talk called "The Weird World of Didymo", which looks at the latest research into didymo and suggests that there may be a silver bullet for this invasive species. It will look at questions like:

Was didymo always here or was it introduced?
Why has it not been found in the North Island?
Is there an answer to it, and if so, what?

Casting Clinic

This month's casting clinic will be held on Sunday 20 July at Belmont Domain. Be there early and ready for a 10am start.

The coordinator is Ross Goodman. If you want to attend, please sign up on the clipboard at our monthly meeting or register on the website. Registration allows us to have instructors available for all attendees and who we contact if there is any change in meeting arrangements.

Library News

The library is open from 7pm on Club nights. Please make sure that all books and DVDs are checked out and returned through Ajit in the normal way.

August Fly Tying Night – Stokes Valley RSA – Wednesday 30 August 7.15pm

At August's fly tying night, we will be taking members through tying three different caddis patterns.

Tomas is tying a caddis larva on a grub hook, Tim doing a caddis pupa and Graeme is tying a caddis sedge which he promises is a beauty!

The caddis larva pattern is a good choice throughout the year on many trout streams. Grub hooks suit the pattern ideally. The caddis pupa is best used when caddis are emerging. The caddis sedge is a good general surface pattern that can be fished in a variety of water, either fished dead drift or skated over the surface. We were scheduled to tie a globug and bomb next month but members voted to tie the caddis selection instead.

Bound Shield Fly Tying Challenge for August

At the July meeting, members learned to tie a Chernobyl Hopper pattern. For the August Bound Shield we would like members to tie foam hopper style flies of their own devising.

Bound Shield Challenge Winner for June

For June's challenge, members were asked to tie a Bloodworm of their design. It needed to be heavy enough to sink at least 3 metres to the bottom of a shallow lake. Congratulations to Tomas Fitchner, who took away the Bound Shield for his entry. His fly is the top one, and second place was Dan's below it.



Raffle Winners in July

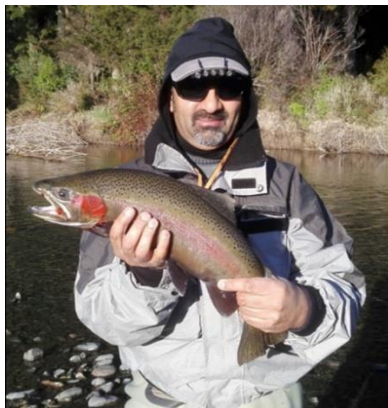
Congratulations to Ross Goodman for winning the Green Trout Guiding raffle. John Rochester took away the Hunting and Fishing voucher and Dan Waechter won the box of flies.

Photo Competition

Congratulations to this month's winner, John Schofield. John takes away the \$10 Hunting & Fishing voucher and his winning photo "Casting at the Delta" is on the front cover of this month's newsletter. The photo was taken at the delta of Tongariro River, just north of Turangi.

June Fish of the Month

Congratulations to Kieran Govind, who caught a 4lb Rainbow in the Tauranga-Taupo River.



Up-coming Competitions

Sat 23 rd Sept	GJK Shield, Hutt River
October	No competitions
November	No competitions

All competition dates are weather dependent. Members can sign up for competitions at club nights or via the club website. Contact Thomas Fichtner 0210736210 for details.

The next competition is the **GJK Shield Competition, on the Hutt River.** This is planned for **Sat 23rd September.**

2017 Subs Now Due

This year's subs are due. You can see the rates and renew your membership online via the 'about' page on the club website, or alternatively, you can send a cheque to the Club PO Box 40135, Upper Hutt or give it to the Treasurer at club meetings.

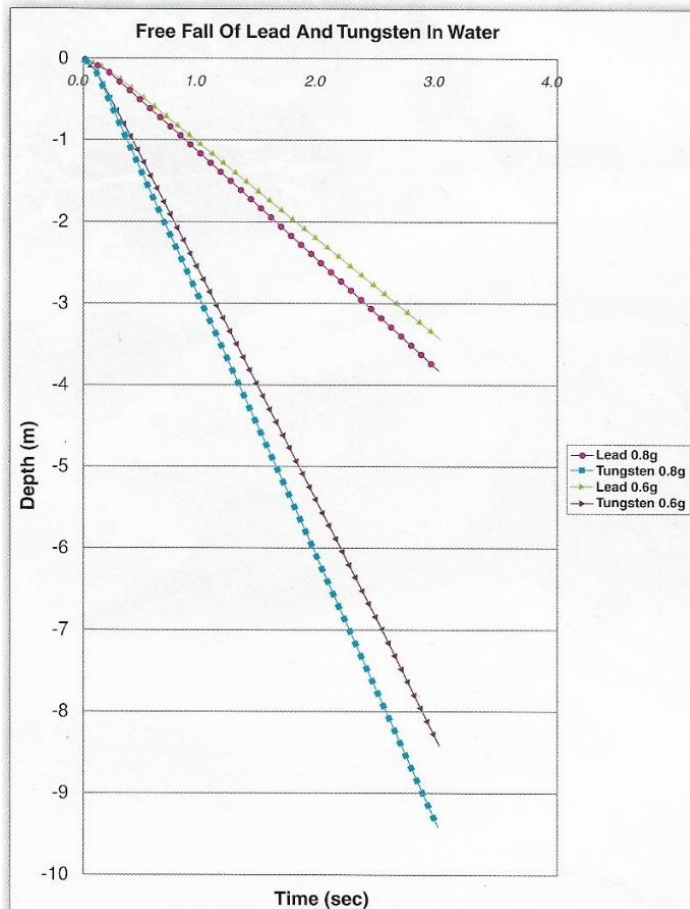


Trout Talk

Big Jack

Last month I talked about adding split shot to your leader. I recently found an article in a Fish & Game magazine by Rene Vaz entitled "Testing the Theories" which was all about research done by Yoshi Nakagawa around the sink rates various flies tied from different materials. Yoshi has represented both the Japanese and New Zealand fly fishing teams and is a successful guide. He recently took a friend of mine onto a river for his first stream fly fishing journey and the result was a 6lb fish. As well as being a guide he is a mechanical engineer and has turned his skills

towards testing some of the assumptions around fly fishing. His findings on the vastly different sink rates of tungsten vs brass bead nymphs are interesting. The graph below shows that two flies tied with tungsten beads sink at more than three times the speed of flies tied with brass beads.



- ➡ There is little difference between the two flies of 0.6gm and 0.8gm in either tungsten or lead. Note that the 0.6 & 0.8 beads are quite heavy and are generally those that would be used when short line nymphing. Bead size/weight chart is as follows but this depends a lot on the material used (see below):

Bead size (mm)	Weight in grams
1.5	0.025
2.0	0.05
2.5	0.1
2.8	0.15
3.0	0.2
3.5	0.3
4.6	0.6
5.0	0.9

- The major differences that occur between the two flies are only due to the density of materials vs the overall weight.
- Small, high density flies will sink faster than heavier patterns.
- Many of the successful patterns designed by the French, Czech & Slovakian anglers are tied with much slimmer profiles than more traditional New Zealand patterns, leading to faster sink rate effectiveness in fast and deep rivers.
- It is interesting to note in the graph the acceleration that a fly goes through in reaching maximum speed. In short line nymphing, driving the nymphs into the water will allow flies to reach their maximum sink rate quicker and consequently get down faster. If the flies are feathered down into the water they spend too long reaching their maximum sink rate.
- It is important in fly selection to get an understanding of what your fly is doing. Yoshi's advice is to cast your flies into clear water in front of you and watch how fast they sink.
- It's not always critical to have your flies on the bottom but it is critical to understand what they are doing so you can either repeat your success or adjust your approach.
- Of interest are comparisons between different qualities of tungsten beads on the market. As tungsten beads are all made with a percentage

of steel to give them strength, sink rates are greatly altered by the amount of steel used within the bead. Often lower priced or discount beads on the market look attractive and may be heavier than brass beads. But it is important to know exactly what you are buying. There is often a sacrifice for cheaper price and, when you are looking for the ultimate sink rates, the premium product certainly makes a difference. ***(And if you still can't get down with the cheaper product crimp on some split shot – Big Jack)***

Thanks to Rene Vaz for permitting me to use parts of his article

www.manictackleproject.com



Fly fishing's most celebrated annual event, the RISE Fly Fishing Film Festival, continues its global tour during August and September in Australia & NZ. The film tour serves as a stage for the best Australian and Kiwi filmmakers in the industry to premiere their latest offerings, allowing the fishing community to share their passion for the sport by attending film screenings across the country.

RISE showcases the best adventure fly fishing films of 2017 in a big screen extravaganza. The mission of the festival is to inspire audiences with epic adventures, strong stories and big fish in pristine environments. Check out www.gin-clear.com for all tour information, videos, photos and more.

The Wellington show is screening at Lighthouse Cinema, Petone.
8.30 -10.30pm, Monday 2 October.

Buy your tickets here: <https://app.etickets.to/buy/?e=15197>

Maple-Glazed Trout with Rutabaga Mash

1 1/2 lb (750 g) rainbow trout filet
Salt and pepper to taste
2 Tbsp (30 mL) maple syrup
1 Tbsp (15 mL) balsamic vinegar
1 Tbsp (15 mL) orange zest
1 lb (450 g) rutabaga, peeled and cubed
1 Tbsp (15 mL) butter
1 Tbsp (15 mL) maple syrup
1 Tbsp (15 mL) grated ginger
3 Tbsp (45 mL) skim milk
1/4 tsp (1 mL) nutmeg

Steam rutabaga (swede) until very tender. In bowl of food processor, combine with butter, maple syrup, ginger, milk, nutmeg, and salt. Process until smooth.

Preheat oven to 450 F (230 C). Wash trout, pat dry with paper towel, and slice into 4 equal-sized pieces. Season with salt and pepper.

In small bowl, combine maple syrup, vinegar, and orange zest. Brush half the maple mixture on fish and bake for 12 minutes, brushing fish with remaining glaze halfway through. Place fish on serving plates and serve with rutabaga mash. Serves 4.



Source: <http://www.alive.com/recipe/maple-glazed-trout-with-maple-rutabaga-mash/>

Green Trout Guiding

Sponsor of the Club's Guiding Raffle

Phone Jim Rainey (06) 382-5507

Kawhatau Valley Road, RD7, Mangaweka

office@greentroutguiding.co.nz

www.greentroutguiding.co.nz

HUTT VALLEY



Hunting & Fishing®

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444 Cuba Street, Alicetown Ph 589 9500

<http://www.huntingandfishing.co.nz>

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**Jill and Tony
Sammons**
471 2537

Thorndon Centre
191B Thorndon Quay
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Digital Printing Solutions

Hutt Valley Angling Club Incorporated

huttangler@hotmail.com

President	Chris Kuchel	021 036 7639	chriskuchel357@gmail.com
Vice President	Ajit Jogi	021 235 9168	ajgweru@yahoo.co.uk
Past President	Ross Goodman	(04) 233 0087	rgoodman@globe.net.nz
Secretary	John Olds	(04) 934 4150	johngibsonolds@gmail.com
Treasurer	Mike Nansett	(04) 586 5659	mnansett@xtra.co.nz
Committee	Thomas Fichtner	021 073 6210	unibuild@hotmail.com
	Ajit Jogi	021 235 9168	ajgweru@yahoo.co.uk
	Chris Kuchel	021 036 7639	chriskuchel357@gmail.com
	Colin Lewis	(04) 568 2117	lewiscrow@paradise.net.nz
	Krystal Smith	027 822 2882	krystalarrow@gmail.com
	Trevor Jeffries		trevor.e.jeffries@gmail.com

Who to contact

Casting Clinics	Ross Goodman
Buddy programme	Ross Goodman
Club trips	Colin Lewis
Club Competitions	Tomas Fichtner
Newsletter Editor	Krystal Smith
Fishing Diary Holder	John Olds
Fly Tying	Ajit Jogi
Librarian	Ajit Jogi
Club website	www.huttvalleyangling.org.nz
Club postal address	PO Box 40135, Upper Hutt 5140

Any articles published in this newsletter are the opinions of the author alone and do not necessarily represent the views of the club as a whole or other members of the club.