



THE HUTT VALLEY ANGLER

Newsletter of the Hutt Valley Angling Club Inc

Issue No 428: October 2017



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Daylight saving is here, and with it comes the opportunity to get out for a session of evening fishing as the insect activity increases and the fish start rising. Remember though, that a new fishing season requires a new fishing licence which must be signed and carried on your person at all times. I can't imagine anything more frustrating than having fishing gear confiscated just for the sake of a simple mistake of leaving your licence at home. A new licence can be purchased online or through Hunting and Fishing Alicetown.

Preparations are well underway for the interclub Fly Tying Competition which will be held at the King Lion Hall at our next club night on Monday 9 October. I'm told that the Wellington, Kapiti and Hutt Valley clubs have all been practising hard and are keen to make this evening a success after the disappointment of last year when the event was cancelled due to mother nature not co-operating. It is customary for the host club to provide supper, so HVAC members are asked to bring along a small plate.

Unfortunately, the planned club trip to Turangi in September had to be cancelled due to low numbers and accommodation booking issues. It has highlighted the need for members to get in early and register their interest. Details of up-coming trips can be found on the club website. The next trip is to Pahiatua on 14 -15 October, followed by a trip to the Tukituki in November and the Mohaka in December.

The committee has also floated the idea of resurrecting the Wairarapa day trips during the summer months. We see this as a logical extension of the buddy programme and great way for newer members to experience fishing new locations and get a taste of fishing with others. Details will be advised shortly.

Finally, some good news and some bad news. Due to other commitments, Krystal Smith has decided to step down from the committee, but fortunately has agreed to continue in her role as newsletter editor. From my own experience as newsletter editor, I know

the time demands that it can make. We appreciate the great job you are doing with the newsletter Krystal.

That's all for now. See you at the October club night for the Interclub Fly Tying Competition.

Chris Kuchel

October Activities

Monday 9 th	Club Night, King Lion Hall, 7.30pm
Saturday 14 th	Goodman Shield Comp, Manawatu River
Sunday 15 th	Casting Clinic, Belmont Domain, 10am
Saturday 14 th - Sunday 15 th	Paihiatua Trip
Wednesday 18 th	Committee Meeting, Stokes Valley RSA, 7.15pm
Wednesday 25 th	Fly Tying Night, Stokes Valley RSA, 7.15pm

Club News

Next Club Meeting – King Lion Hall – Monday 9 October 7.30pm

At October's club meeting we'll be hosting the interclub Fly Tying Competition which will be held at the King Lion Hall. It is customary for the host club to provide supper, so HVAC members are asked to bring along a small plate.

Library News

The library is open from 7pm on Club nights. Please make sure that all books and DVDs are checked out and returned through Ajit in the normal way.

October Fly Tying Night – Stokes Valley RSA – Wednesday 25 September 7.15pm

At October's fly tying night, we will tie bushy (strike indicator) dry flies.



Fly of the Month - Royal Wulff

To watch a video clip showing how to tie this fly, key in the address below in your browser.

<http://www.youtube.com/watch?v=RmZ1UD57Ue4>

Bushy dry flies are easy to see and should float well when attached to a nymph rig. They also work well in riffly water or drifted along an overhung or grassy bank. In these situations when fished alone as a dry fly they can be more successful at tempting trout that may not come to a smaller artificial.

Members are reminded that we are hosting the Interclub Fly tying Competition at our club meeting on Monday 9 October. Please bring a plate of supper to be shared on the night.

Bound Shield Fly Tying Challenge for October

The Bound challenge for October is to tie one of the flies that were demonstrated but to add legs to the fly. These can be bristle, hair, feather or rubber legs. The flies to choose from are:

Pheasant Tail

Gold Ribbed Hare's Ear

Hare and Copper.

Members to fetch their fly complete with legs to the meeting on 25 October.

Bound Shield Challenge Winner for August

The Joint winners of the Bound Shield in August were Thomas Fichtner and Peter Zillwood for very different flies made from foam. Thomas tied a detached body dry fly with foam abdomen and Peter made a large Hopper Pattern. Quite a bit of skill was required in each case and the judge declared a draw.

Raffle Winners in October

Congratulations to Steve Doughty for winning the Green Trout Guiding raffle. Bob Braithwaite took away the Hunting and Fishing voucher and Jim Embery won the box of flies.

Photo Competition

Congratulations to this month's winner, Kieran Govind. Kieran takes away the \$10 Hunting & Fishing voucher and his winning photo "My Office – One Day" is on the front cover of this month's newsletter.

August Fish of the Month

Congratulations to Kieran Govind, who caught a 6lb 4oz Rainbow Hen in the Tauranga-Taupo River.



Club Trips

October 14 th -15 th	Paihiatua
November 3 th -5 th	Tukituki
December 8 th -10 th	Mohaka

Paihiatua Trip

We will be fishing the Mangatainoka and Manawatu rivers and staying at the Post Office Hotel in Pahiatua. Cost approx. \$45 per night. Pub meals are available at around the \$20 mark.

These trips are a fantastic way to discover new rivers, socialise with fellow anglers and learn from each other, and are quite simply a really good time.

If you are interested and would like more information about any of these trips, or club trips in general, please contact Colin Lewis. You can sign up via Colin, on a form at the club night, or on the club website.

Up-coming Competitions

Saturday 14 th Oct	Goodman Shield, Manawatu River
October	No competitions
November	No competitions

All competition dates are weather dependent. Members can sign up for competitions at club nights or via the club website. Contact Thomas Fichtner 0210736210 for details.

The next competition is the **Goodman Shield Competition, on the Manawatu River**. This is planned for **Sat 14th October**.

Hutt River Masterclass Report

On Saturday 16 September, John Gummer and Tarn Mack-McEwen ran a practical workshop to show how they would approach and fish the Hutt River for the first time.



John outlined the programme for the day and described the various methods and equipment that he and Tarn would be demonstrating



The first method discussed was Euro or short line nymphing. John explained that in the right type of water, especially where fast and slow seams meet, this is probably the most effective technique because it allows the flies to sink quickly to the bottom where the current is slower and then move very naturally, largely unaffected by surface drag. John used a 10ft 2 weight rod with 000 weight fly line with about a rod length of straight leader then a short section of bi-colour mono for an indicator followed by about 7 ft of tippet. The heaviest fly was placed on the point, with a lighter fly on a dropper.



John set up the Euro rig, explaining some of the finer technical details as he went.



Tarn then demonstrated the technique. Note that he is searching the quiet water close to the bank before moving out to the seam where fast water meets slow.



The seam between fast and slow water is very obvious in this shot. By using a quick flicking action, Tarn was able to lob his flies a surprising distance and still have control over them.



A selection of John's nymphs.



John then demonstrated swinging wet flies on a skagit line. With this very heavy tip, he was able to load the rod easily and achieve amazing distance with a seemingly effortless spey cast.



Spey casting is effective in both fresh water and salt water. Here, John shows a selection of some of his salt water flies.



After lunch, members were given the opportunity to try out some of the spey casting gear that John and Tarn had brought along. Even very experienced anglers found some of these new techniques interesting and fun.



For the afternoon session, members were given the chance to try out some of the spey casting techniques. Here, Ian is using a single- handed 7 weight rod with a commando skagit tip and achieving impressive distance.

At the conclusion of the day, we met back at the Belmont Domain carpark, where John and Tarn were thanked for sharing their valuable knowledge so clearly. Thanks also went to Ross Goodman for initiating and organising the event. Judging by the positive comments heard from new and experienced members alike, the day was a resounding success.

Trout with Garlic Lemon Butter Herb Sauce

Trout with Garlic Lemon Butter Herb Sauce – simple and delicious way to cook fish, especially if you're in a hurry! The whole recipe takes only 30 minutes. Italian herb seasoning, chopped fresh parsley and garlic give great flavour to the fish!



1.5 pounds trout (or salmon, or arctic char) - 2 large fish fillets with skin on the bottom

2 tablespoons olive oil (more, if needed)

1 tablespoon Italian herb seasoning (dried thyme, oregano, parsley, combined)

salt, to taste

4 garlic cloves, diced

3 tablespoons lemon juice, freshly squeezed

2 more tablespoons white wine

2 tablespoons butter, softened

2 tablespoons parsley, chopped

Preparation

Season the top of fish fillets with Italian herb seasoning and salt (generously). Fish fillets will have skins on the bottom - no need to season the skins.

In a large skillet (large enough to fit 2 fish fillets), heat 2 tablespoons of olive oil on medium heat until heated but not smoking. To the hot skillet with olive oil, add fish fillets skin side up - flesh side down. Cook the flesh side of the fish for about 3-5 minutes on medium heat, making sure the oil does not smoke, until lightly browned. Flip the fillets over to the other side, skin side down (add more oil, if needed). Cook for another 2-4 minutes on medium heat (to prevent oil from burning). Remove the skillet from heat, close with the lid, and let the fish sit for 5-10 minutes, covered, in the skillet, until flaky and cooked through completely.

After the fish is cooked through, off heat, using spatula, carefully remove fillets to the plate, separating the fish from the skin. Carefully remove or scrape the fish skin off the bottom of the pan, making sure to leave all the cooking oils in the pan.

Add diced garlic, lemon juice, and white wine to the same pan with oil. Cook on medium-low heat for about 1 minute, until garlic softens a bit. Remove from heat. Add 1 tablespoon of chopped parsley, and 2 tablespoons of butter, off heat, to the sauce, stirring, until the butter melts and forms a creamy mixture.

Add fish to the pan, spoon sauce over the fish, top the fish and sauce with the remaining 1 tablespoon of parsley, and serve.

Source: <http://juliasalbum.com/2015/10/trout-with-garlic-lemon-butter-herb-sauce/>

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Any articles published in this newsletter are the opinions of the author alone and do not necessarily represent the views of the club as a whole or other members of the club.