## Fly Tying Meeting Wednesday 28th May at 7.15 in Stokes Valley RSA

## Flies this month - Easy Caddis Patterns



The Caddis or Sedge Fly is one of the most important items on the trout's menu. Caddis flies are plentiful on most rivers and lake edges. In the pupal stage these insects are a major subsurface food for trout and the hatching flies will trigger an evening rise. Caddis flies appear in a variety of sizes, shapes and colours so anglers should cover these options by carrying a range of patterns in their fly box.

At the meeting we will tie some easy patterns covering Caddis Nymph (pupa), Hatching insect, Flying insect.

Please bring the following materials if you have them, Elk hair or fine Deer hair, Dubbing of choice, 2mm or 3mm sheet foam in grey or light brown shade preferably, CDC, fine wire for rib. Materials will be supplied for those who haven't got them.

## Watch the video clips below

Caddis Pupa

https://youtu.be/gu\_tQONG6Ts

**Cased Caddis** 

https://www.youtube.com/watch?v=IRRDE540DyA&t=64s&pp=ygUcaHR0cHM6Ly95b3V0dS5iZS9ndV90UU9ORzZUcw%3D%3D

Hatching Caddis Fly

https://voutu.be/CtmvAKOg6BQ

Mature adult Caddis

https://youtu.be/w3clPXatbzQ

Bound Shield for April was won by Vivienne for her Royal Wulff. It was disappointing to have only 2 flies entered and we hope to see more this month.

Since we were tying flies using marabou last month our Bound Challenge this month will be to tie a Damsel Nymph, hook size from 10 to 14. Bring your damsels to the meeting to be assessed.